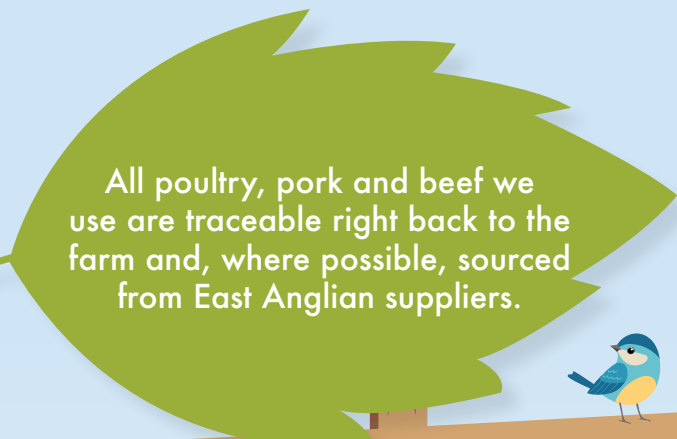


Fresh Ideas Feeding Minds

Spring / Summer

Menu 2020

We hope you enjoy our Spring/Summer Menu, offering high quality, varied dishes that reflect the changing season. All of our dishes are perfected by our talented Menu Team and Development Chef and then trialled in a number of schools to gain genuine feedback from our customers – this is just one of the things that makes us truly unique!



All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.



We use wholewheat flour in our bread and pastry recipes!


In addition to this menu, we offer a number of themed menus to celebrate holidays and seasonal events – please check details with your school.



A full allergen list for this menu can be found on our website –

www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.



Fresh Bread, Salad, Fruit, Milk Drink and Water are available daily!

If you think you may be eligible for a free school meal, visit www.schools.norfolk.gov.uk



Week One

Packed Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Roll	Tuna Sandwich	Egg Mayo Roll	Cheese Topped Pasta Pot
Carrot Batons	Popcorn	Cucumber Batons	Carrot Batons	Popcorn
Bitesize Oaty Bar	Dinky Doughnuts	Fruit Bag	Sultana Bag	Fruit Bag
Orange Wedges	Apple Wedges	Fruit Yoghurt	Cherry Bakewell Cupcake	Shortbread

Week One: 20 Apr / 11 May / 8 Jun / 29 Jun / 20 Jul / 21 Sept / 12 Oct

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Roll	Tuna Sandwich	Egg Mayo Roll	Cheese Topped Pasta Pot
Carrot Batons	Popcorn	Cucumber Batons	Carrot Batons	Popcorn
Melon Wedge	Fruit Bag	Fruit Bag	Sultana Bag	Fruit Bag
Fruit Yoghurt	Fruit Jelly	Flapjack	Shortbread	Berry Muffin

Week Two: 27 Apr / 18 May / 15 Jun / 6 Jul / 7 Sept / 28 Sept / 19 Oct

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Roll	Tuna Pasta Pot	Egg Mayo Roll	Cheese Sandwich
Carrot Batons	Popcorn	Cucumber Batons	Carrot Batons	Popcorn
Chewy Popcorn Bar	Fruit Bag	Fruit Bag	Sultana Bag	Fruit Bag
Apple Wedges	Fruit Yoghurt	Beetroot Brownie	Ice Cream Tub	Shortbread

Week Three: 4 May / 1 Jun / 22 Jun / 13 Jul / 14 Sept / 5 Oct